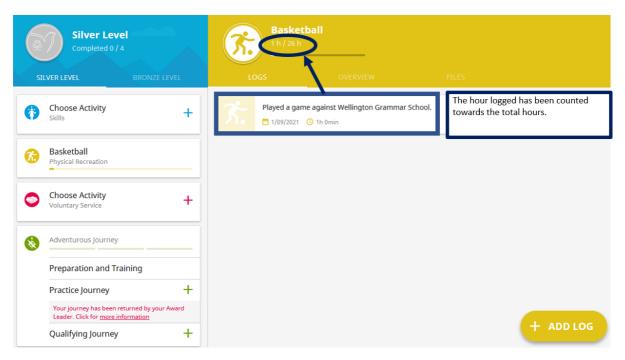


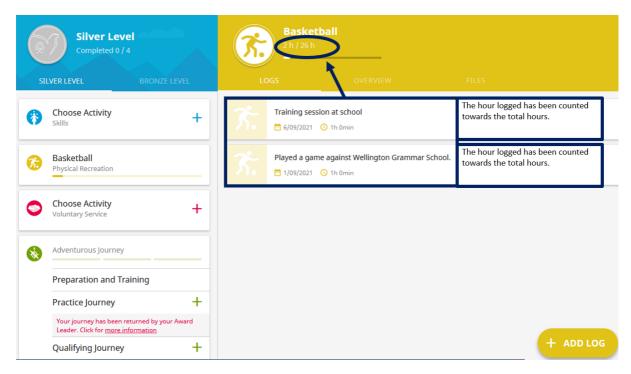
ORB Logs Explained - Participants

The start date for each Section of the Award will be from the Monday of the week in which you log your first activity for that Section. For example, if your first log for their Skill Section is on Wednesday 3rd January, the start date for your Skills Section will be Monday 1st January. A week is Monday to Sunday inclusive and you can only count 1 hour per-week towards your total hours. If you are doing more than one hour per week of activity for a Section, and recording the additional hours on the Online Record Book, you can back count a maximum of 3 hours if there is no activity in the previous 3 weeks (NB this does not apply to the first log which will only ever count for a maximum of 1 hour).

If the activity is done on a regular basis of 1 hour per week the system will credit the 1 hour towards that Award Section.







If you are recording logs in blocks of more than 1 hour per week, then the additional hours can be back-counted (up to a maximum of 3 hours so long as no activity was done in the 3 weeks prior).

