

# HOW WHENUA ITI OUTDOORS CAN HELP YOU GAIN YOUR AWARD...

## OPEN AWARD CENTRE:

Whenua Iti Outdoors (WIO) is an Open Award Centre for the Upper South Island. This means anyone living in this region can sign up with WIO to do their Award. You will be assigned an Award Leader who will assist you to do the Award.

## ADVENTUROUS JOURNEY AND RESIDENTIAL PROJECT PROVIDER:

WIO runs a range of programmes which covers the training, practice and qualifying journey for all levels of the Award. They also cover the Residential Project.

Their upcoming Award programmes are advertised on their website. It's as simple as finding the right programme for you and signing up.

<http://www.whenuaiti.org.nz/whenuaiti-courses/duke-of-edinburgh/>

## TOP OF THE SOUTH HUB LEADERS:

WIO provides support to Award Units across the Top of the South including regular meetings and general support.

Please contact us if we can be of assistance to your Award Unit.



Take up the challenge – the Award will give you **confidence**, **problem solving skills** and the **resilience** to thrive in our ever-changing world

Get started today -

**Step 1** Decide which level of The Duke of Edinburgh's Hillary Award programme you would like to do – this will depend on your age, time commitments etc.

**Step 2** Talk to your Whenua Iti Outdoors Award Leader and arrange to register to do your Award programme.

**Step 3** Decide with your Award Leader what you are going to do for each section of your Award programme and find appropriate Assessors.

**Step 4** Get started! Don't forget to log your progress on ORB, our online record book, and ask your Assessors to sign off each section as you complete them.

**Step 5** Once your Award programme is complete, speak to your Award Leader who will arrange for you to receive your certificate and badge. They can also advise you about starting the next level of the Award if appropriate.

To find out more, check out:

Whenua Iti Outdoors  
Email: [info@wio.org.nz](mailto:info@wio.org.nz)  
Ph: 03 526 7842  
[www.whenuaiti.org.nz](http://www.whenuaiti.org.nz)

The Duke of Edinburgh's Hillary Award  
[www.dofehillary.org.nz](http://www.dofehillary.org.nz)

# Working together...



A guide to completing your Duke of Edinburgh's Hillary Award with Whenua Iti Outdoors



# EXPERIENCE THAT LASTS A LIFETIME...

Challenge yourself to leave your comfort zone and discover the world around you.

The Duke of Edinburgh's Hillary Award is all about getting out there, gaining real life experiences and creating unforgettable memories along the way.

You'll find yourself helping people in the community, getting fitter, developing skills and going on an outdoor journey in our great Kiwi backyard.

The Award provides you with life skills and qualities that are recognised and sought after by employers and educational institutions worldwide.

# WHAT'S INVOLVED...

## AGE:

Open to everyone aged 14 to 24 (you can start during the school year that you turn 14).

## THREE LEVELS:

Bronze, Silver and Gold, each progressively more challenging.

## FOUR SECTIONS:

Physical Recreation, Skills, Voluntary Service & Adventurous Journey (plus Residential Project at Gold level only).

## KEY REQUIREMENTS:

Over the required time you'll need to do each activity for an average of an hour per week. You'll be supervised by an Award Leader and Activity Assessor (Mentor).



## BRONZE

Starting age : 14 years

Time: Minimum of 26 weeks

Sections:    



## SILVER

Starting age : 15 years

Time: Minimum of 26 weeks

Sections:    



## GOLD

Starting age : 16 years

Time: Minimum of 52 weeks

Sections:     



# SECTIONS IN A NUTSHELL...

## PHYSICAL RECREATION: BREAK A SWEAT



Participate regularly in a team or individual sport. eg: netball, soccer, athletics, kayaking, kickboxing, running, horse riding, dance

## SKILLS: FIND YOUR GENIUS



Challenge yourself to improve your skills and widen your interests. eg: learn a musical instrument, learn to drive, drama, photography

## VOLUNTARY SERVICE: GIVE BACK



Give back to your community by regularly volunteering. eg: coach or manage a sports team, volunteer at the SPCA, volunteer at Whenua Iiti Outdoors

## ADVENTUROUS JOURNEY: GET WILD AND EXPLORE



As part of a small team, plan, train for and undertake an expedition or exploration for a set number of days & nights in the outdoors. You can work towards this section of the Award through Whenua Iiti Outdoors.

## RESIDENTIAL PROJECT (Gold Award only): LEAVE YOUR COMFORT ZONE



Attend a Residential Project and undertake purposeful activity with people who you don't already know. Whenua Iiti Outdoors provides opportunities for you to complete your Residential Project.

Check out our website for more examples of things you can do  
[www.dofehillary.org.nz](http://www.dofehillary.org.nz)