



Working Together Mahi Tahī



Completing your Duke of Edinburgh's Hillary Award with Spirit of Adventure



**THE DUKE OF EDINBURGH'S
INTERNATIONAL AWARD**
AOTEAROA NEW ZEALAND | HILLARY AWARD



**SPIRIT OF
ADVENTURE
TRUST**
TE WAKA HIRINGA TANGATA

What is the Duke of Edinburgh's Hillary Award and why should I get involved?

The concept of the Duke of Edinburgh's Hillary Award (the Award) is simple – anyone aged 14 to 24 can do a programme at one of three progressive levels which, when successfully completed, lead to a Bronze, Silver, or Gold Duke of Edinburgh's Hillary Award.

Because Award programmes are all about getting out there, having fun and self-development, everyone can achieve something. You'll find yourself helping people or the community, getting fitter, developing skills, going on an adventurous journey and at Gold level only, taking part in a residential activity.

What do I need to do to achieve my Duke of Edinburgh's Hillary Award?

The programme is made up of four sections (five at Gold). Over the required time you'll need to do each activity for an average of an hour a week. You'll need to show persistence, commitment and personal development.

Bronze (14+ years old)

To achieve your Bronze Award, you need to complete the following sections:

Service	Physical	Skills	Adventurous Journey
3 months	3 months	3 months	Plan, train for and complete a 2 day, 1 night adventurous journey
You must also undertake a further three months of appropriate activity in either the Service, Physical or Skills section			

Silver (15+ years old)

To achieve your Silver Award, you need to complete the following sections:

Service	Physical	Skills	Adventurous Journey
6 months	6 months	6 months	Plan, train for and complete a 3 day, 2 night adventurous journey
If you have not completed your Bronze Award, you must undertake a further six months of appropriate activity in either the Service, Physical or Skills section			

Gold (16+ years old)

To achieve your Gold Award, you need to complete the following sections:

Service	Physical	Skills	Adventurous Journey	Residential
12 months	12 months	12 months	Plan, train for and complete a 4 day, 3 night adventurous journey	Undertake a shared activity in a residential setting away from home for 5 days and 4 nights
If you have not completed your Silver Award, you must undertake a further six months of appropriate activity in either the Service, Physical or Skills section				



Choosing activities

There are a lot of activities you may already be doing that can count towards your Award. Here are a few examples to help get you started:

Service: coach or manage a sports team, fundraise for a charity, volunteer at the SPCA, become a leader at a youth club, help with an emergency services team such as surf life-saving

Physical: do a team sport such as soccer or netball, athletics, skiing, kayaking, kickboxing, horse riding, running, dancing

Skills: play a musical instrument, learn a craft such as jewellery making, referee or umpire for a sport, learn sign language, drama, and theatre skills

Adventurous Journey: you can work towards the expedition section of the Award through various programmes with the Spirit of Adventure as outlined below

Residential (Gold Award only): your residential project can be completed through the Spirit of Adventure as outlined below

How the Spirit of Adventure Trust can help you gain your Award

Fully completing a Spirit of Adventure voyage will support you to tick off the following areas -

Spirit of Adventure	Duke of Edinburgh's Hillary Award sections that can be counted
5 day 'Trophy Voyages' Participants must be year 10 students	Bronze Adventurous Journey: Practice & Qualifier <i>Must be confident and competent on the water</i>
10 day voyage Participants must be 16-18 years	Can be counted towards: <ul style="list-style-type: none">• Silver Practice Journey & Qualifying Journey• Any two of the following: Gold Practice Journey, Gold Qualifying Journey, Gold Residential Project• Kākāriki Practice & Qualifying Journey

If you are using Spirit of Adventure for both practice and qualifying journeys then training will be provided onboard, No other training is necessary.

You can now complete your **Kākāriki pathway** for your Award with Spirit of Adventure Trust. With new environmental focuses the Adventurous Journeys they offer align with the **Kākāriki pathway** guidelines. You sail in the Hauraki Gulf marine reserve areas and conduct beach cleans, work with University of Auckland to report daily temperature data which helps to feed research and NIWA forecasting models and deploy live bait tank stations to monitor and gather data for Auckland Uni research team on fish and ocean data with comparative modelling as a learning tool. Where possible Spirit of Adventure Trust work with a variety of conservation organisations to take part in activities, like Kiwi release, rat bait station checking and re-baiting and dune weeding.



Getting started

Step 1 Decide which level of the Duke of Edinburgh's Hillary Award programme you would like to do – this will depend on your age, time commitments etc

Step 2 Talk to your Award Leader and arrange to register to do your Award programme

Step 3 Decide with your Award Leader what you are going to do for each section of your Award programme

Step 4 Get started! Don't forget to log your progress on ORB, our online record book, and ask your Assessors to sign off each section as you complete them

Step 5 Once your Award programme is complete, speak to your Leader who will arrange for you to receive your certificate or badge. They can also advise you about starting the next level of the Award if appropriate.

How long will it take?

The time it will take to complete your programme and achieve an Award is in many ways down to you. The shortest time in which you can complete your Bronze programme is 6 months; your Silver programme, 6 months; and your Gold programme, 12 months. During your programme you'll need to do each activity for an average of an hour a week over this time. Don't forget – you have until your 25th birthday to complete any programme and achieve an Award!



Find out more...

Talk to your Award Leader to get more information and take a look at <https://dofehillary.org.nz/> and <https://www.spiritofadventure.org.nz/>

