

Sections



Adventurous Journey

For the Adventurous Journey section, you'll need a sense of adventure and discovery as you go on a team expedition or exploration in our big Kiwi backyard.



Skills

Your Skills section is a chance to improve on an existing skill or learn something new. It's all about giving something a go, giving yourself a sense of achievement, and improving your well-being as a result. Colleges, universities, and employers love to see that you are more than your academic record – they want to see that you are a well-rounded individual with a wide range of skills!



Voluntary Service

Voluntary Service is your opportunity to give back. You'll build self-confidence and communication skills and learn how you can make a difference in your community.



Physical Recreation

Physical Recreation encourages you to improve your health and fitness – however you like to move your body.



Gold Residential Project

The Gold Residential Project is an additional section at Gold level and is an opportunity to use many of the skills developed during the overall Award experience such as teamwork and leadership. This involves spending five consecutive days and four nights in a residential setting where you are working towards a common purpose.



With over 60 years of equipping young New Zealanders for promising futures, 2023 is a year for commemorating the past and celebrating the future.

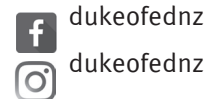
Since 1963, we have helped motivate our rangatahi to set goals and challenge themselves. It's been 60 years of getting wild and exploring. 60 years of finding genius and of giving back. 60 years of breaking a sweat and of leaving comfort zones.

60 years of stories, 60 years of challenge, 60 years of growth.

The Award has always been about development; of supporting rangatahi to achieve balance in their lives, and to fulfil their full potential in many areas of life. And so, the Award's kaupapa for the year, Manawatakitahi, is all about connection, balance, and hearts beating as ONE.

Find out more

www.dofehillary.org.nz



The Duke of Edinburgh's Hillary Award
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THE DUKE OF EDINBURGH'S
INTERNATIONAL AWARD

AOTEAROA NEW ZEALAND | HILLARY AWARD

Award Level Criteria

There are three levels to the Award—Bronze, Silver and Gold. You can choose to start at any level, as long as you meet the minimum age requirement. You may want to think about your time commitment before selecting a level.



Bronze

Minimum of 6 months



Silver

Minimum of 6 months



Gold

Minimum of 12 months

Award Sections

You will need to select activities for each of the Award's four sections: Skills, Voluntary Service, Physical Recreation and Adventurous Journey. There is also an additional section, Gold Residential Project, at Gold level.

These activities must take a minimum of one hour a week over a set period of time. Development and regular progress must be shown, and all activities must be completed by your 25th birthday.

"On so many occasions I was forced to exit my comfort zone and it has truly helped me extend myself as a person."

Fergus Harland



The Award is open to anyone between the ages of 14 to 24 – regardless of gender, background or ability – and is run throughout Aotearoa, in schools, community groups and youth organisations.

You design your own Award programme, pick activities you are passionate about, set your own goals and record your progress. With the guidance of Award Leaders, Accredited Activity Providers and Award Units, you're given the opportunity to carve a positive future for yourself, with the support of our Award whānau.

The Award gives you access to high-quality, non-formal education and learning experiences that weave social cohesion through Aotearoa's communities; connecting society, in meaningful ways.

The Award is committed to enabling all rangatahi to participate in an Award journey. Whether you are living with intellectual or physical disabilities or managing financial and/or geographical challenges, the Award is designed to support you and give you an opportunity to thrive.



Kiwi participants have the opportunity to select a specialty pathway. These pathways are a chance to put a particular lens or focus on the activities you choose for your Award.

Kākāriki Pathway

Environmentally conscious participants can focus on the conservation and sustainability pathway, Kākāriki. The activity achievement requirements remain exactly the same, the difference is that two of the main sections – Voluntary Service and Skills – must have an environmental focus.

He Aratūtahi Pathway

Grow your Te Ao / Tikanga knowledge by choosing the He Aratūtahi pathway. The activity achievement requirements remain exactly the same, the difference is that all the sections except Physical Recreation require the participant to utilise Te Ao Māori concepts.

Education to Employment

Do the mahi for your Award, then let your Award work for you. Leverage your Award skills and experience for your tertiary study applications and employment, scholarships, CVs, and resumes.

Financial Literacy

Engage in the Banqer High platform to achieve your Award skills section activity by learning how to effectively manage your money and develop the financial skills you need to thrive.

Whatever you choose to do for your Award, you will have fun, challenge yourself, and experience adventure and growth. All those experiences will equip you with skills that will help you throughout your personal and professional life.

"The Award taught me a lot about myself; how to better communicate, to play a positive role in a team and that I can always stretch my limits."

Callum Farmer