

# OWN YOUR JOURNEY WITH DUKE OF ED

Duke of Ed transforms the things you love and the things you've always wanted to try into exciting opportunities to have fun, build lasting friendships, and develop lifelong skills.

THE DUKE OF EDINBURGH'S  
INTERNATIONAL AWARD

AOTEAROA NEW ZEALAND | HILLARY AWARD



**FRIENDSHIPS**

**COMMUNICATION SKILLS**



**GIVE  
BACK**

**DISCOVER  
YOUR  
PASSIONS**

**MEMORIES  
FOR LIFE**

**ADVENTURE  
COMMUNITY**

**MANAAKITANGA  
GROWTH  
RESILIENCE**

**WHAT YOU GET  
DOING YOUR DUKE OF ED**

**WELLBEING  
SELF-ESTEEM**



# WHERE THE AWARD CAN TAKE YOU



The Award is widely recognised internationally and in Aotearoa. It is an impressive addition to your CV.

The Award opens doors to opportunities including:

- Employment • Scholarships
- Halls of Residence • Internships
- International University opportunities





Doing my Duke of Ed helped me grow as a person - building my confidence and my ability to take risks. It was truly an amazing experience!

Sefina, Gold Award Holder

# 3 AWARD LEVELS



## **Bronze**

Start from the year you turn **14**.

*Takes a minimum of 6 months*



## **Silver**

Start at **15** or when you finish Bronze.

*Takes a minimum of 6 months*



## **Gold**

Start at **16** or when you finish Silver.

*Takes a minimum of 12 months*



# 4 AWARD SECTIONS



## Skills

Master an existing skill or learn something new



## Physical recreation

Improve your physical health and move your body



## Voluntary service

Give back and make difference in your community

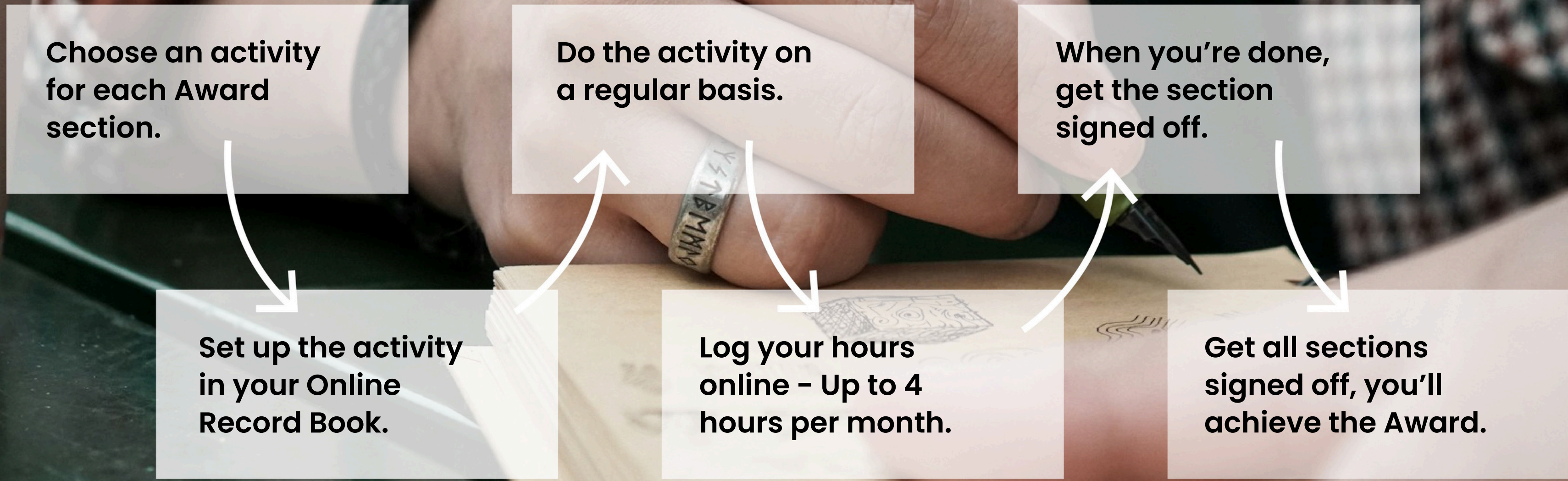


## Adventurous journey

Go on a team adventure and step outside your comfort zone



# HOW THE AWARD WORKS



TE REO MĀORI  
BARANGA

DRUMMING



SIGNING  
DRAWING  
PHOTOGRAPHY

CODING  
POI



**SKILLS  
SECTION**

MUSIC  
LANGUAGES

COOKING

FILM

SCULPTURE

DESIGN

CONSERVATION  
PODCAST  
KAPA HAKA

DRIVING

PERFORMANCE



ROCK CLIMBING  
MARTIAL ARTS

FOOTBALL

CARDIO WORKOUTS



WAKA AMA

FITNESS

PADDLE  
BOARDING

KI O  
RAHI

DANCE

SPORTS  
SURFING  
SWIMMING



RUNNING

RUGBY

**PHYSICAL  
RECREATION  
SECTION**

MOUNTAIN  
BIKING

BOULDERING

ROWING



**TUTORING**  
**MENTORING**

**HELP THE ELDERLY**



**VOLUNTARY**  
**SERVICE**  
**SECTION**

**POP SHOP**

**EVENTS**

**ANIMALS**

**HELPING  
OTHERS**

**CHURCH  
COMMUNITY**

**MARAE**

**FUNDRAISING**

**CHARITY**

**COACHING**

**VOLUNTEERING**



**MARAE  
BASED**

**TRAMPING**

**SAILING**



**ADVENTUROUS  
JOURNEY  
SECTION**

**CAMP  
SEA KAYAKING**

**CYCLING  
URBAN JOURNEY**

**CULTURAL  
JOURNEY**





# **GOLD RESIDENTIAL PROJECT**

An extra section for Gold

Share a purposeful experience being away from home over 5 days with people you don't usually spend time with. Maybe a creative arts camp, outdoor adventure programme, or a residential service project.



# GET STARTED

kōrero with your Award Leader to get started

Register online [www.onlinerecordbook.org](http://www.onlinerecordbook.org)

Cost: Bronze/Silver registration fee \$100

Gold registration fee \$130



register  
online here

